

Bank Windhoek Grand Prix Leg 2

Windhoek Saturday January 12, 2013

9:00 Shot Put Men

9:00 Javelin Women

9:00 Long Jump Women

9:00 High Jump Men

9:00 3000m Final Women

9:30 5000m Final Men

10:00 Javelin Men

10:05 400m Heat 1 Women

10:10 400m Heat 2 Women

10:15 400m Heat 3 Women

10:20 Shot Put Women

10:30 Long Jump Men

10:25 400m Heat 1 Men

10:30 400m Heat 2 Men

10:35 400m Heat 3 Men

10:40 400m Heat 4 Men

10:45 400m Heat 5 Men

10:55 100m Heat 1 Women

11:00 100m Heat 2 Women

11:05 Discus Men

11:10 100m Heat 1 Men

11:15 100m Heat 2 Men

11:20 100m Heat 3 Men

11:25 100m Heat 4 Men

11:30 100m Heat 5 Men

11:40 1500m Run Women

11:55 1500m Run Men

12:00 High Jump Women

12:10 4x100m Relay Women

12:20 4x100m Relay Men

12:30 4x400m Relay Men

12:50 200m Heat 1 Women

12:55 200m Heat 2 Women

13:00 Discus Women

13:00 200m Heat 3 Women

13:10 200m Heat 1 Men

13:15 200m Heat 2 Men

13:20 200m Heat 3 Men

13:25 200m Heat 4 Men

13:30 200m Heat 5 Men

13:35 200m Heat 6 Men

13:55 800m Final (c) Women

14:05 800m Final (b) Women

14:15 800m Final (a) Women

14:30 800m Final (c) Men

14:40 800m Final (b) Men

15:00 Pole Vault Women

15:00 Pole Vault Men

15:00 800m Final (a) Men

15:15 200m Final Women

15:25 200m Final Men

15:35 3000m Steeplechase Men

16:05 400m Final Women

16:15 400m Final Men

16:30 100m Final Women

16:40 100m Final Men