

AFN TECHNICAL INFORMATION BRIEF IN PREPARATION AND CONDUCT OF 2015 NATIONAL COMPETITIONS/GOLDEN LEAGUE

Registration of States/Clubs

All states/clubs interested in participating in AFN organised activities in 2015 are required to indicate their affiliation through registration with the AFN Secretariat with immediate effect. They are to fill the registration forms, pay the affiliation fees, collect their athletes' registration/licence forms etc. before the commencement of the League or any of the AFN organised competition for the year 2015. Athletes would be required to obtain identity cards, which shall act as their licence for competing in the season. Therefore, states/clubs are to contact the AFN Secretariat immediately for details.

Events and Rules for 2015 AFN Golden League

There are a total of 29 individual and 4 Relay events spread across the women and men event categories. The breakdown is as follows:

Golden League Events (women)

100/200m, 400m, 800m, 400m hurdles, High jump, Long Jump, Shot Put, 4x100m/4x400m Relay

Promotional Events (women)

100 hurdles, 1,500m, Hammer/Discus, Javelin, Triple jump, 3000m/3000m Steeple Chase, Race Walk

Golden League Events (men)

100/200m, 400m, 800m, 1,500m, 110m hurdles, High Jump, Long Jump, 4x100m/4x400m Relay Javelin,

Promotional Events (men)

400m Hurdles, 3000m/3000m Steeple Chase, 5,000m/10,000m, Hammer/Discus, Triple Jump, Shot Put, Race Walk

League Focus

The 2015 Golden League shall remain performance-based focused and shall be governed by the following rules:

Scoring Methods

1. Standard Points

The golden league shall be on point scoring system, 1st to 6th position shall score as follows:

- Individual Events, 1st (10points), 2nd (8points), 3rd (6points), 4th (4points), 5th (2points), 6th (1point).
- Relay Events- 1st (20points), 2nd (16points), 3rd (12points), 4th (8points), 5th (4points), and 6th (2points).

2. Bonus points

Ten (10) points shall be awarded only once to any athlete that achieves the World Championships qualification standard as set by the AFN. Twenty (20) points for any ratified National Record that is equalled or broken.

Qualification Procedure

For the first leg of the League, the top-4 athletes in the AFN season's top-list in each Golden League event as compiled from the All-Comers competitions would be invited as automatic qualifiers. In subsequent legs of the League, the top-4 in each of the Golden League events shall automatically qualify for the next leg of the Golden league, while the remaining 4 lanes shall be filled from the top-finishers from the All-comers events, which will take place in the morning of event day.

Transport/Accommodation Subsidy

As determined by the League Organising Committee, transport subsidy and in some cases accommodation subsidy as well (where accommodation is not provided) shall be provided for the top 4 finishers in each of the Golden League events.

Competition Uniforms

All participating athletes shall compete in their State or Club uniform especially in the relays.

Registration Procedure

Registration for the League shall be done in advance of the commencement of the competition. All athletes must register through

their states or clubs. **Athletes must compulsorily digest and sign the AFN Code of Conduct**, which shall be returned to the AFN Secretariat together. Failure to comply regarding any of the above conditions would exclude such athletes from taking part in AFN, organised competitions for the year. Further details of the athletes' registration procedure shall be communicated to the states/clubs as they carry out their registration as directed by the relevant AFN Circular.

Running Bibs

Running bibs shall be customized and issued to the states/clubs for each of their registered and confirmed athletes for the League. Same details shall be maintained throughout the entire legs of the league.

Payment of Prize Monies and expected standards to be achieved

Payment of prize monies would henceforth be made through the athlete's managers/coaches as officially appointed and conveyed in writing to the AFN Secretariat, for Attention of: **Chairman, Technical Committee.**

NOTE: Based on statistical assessment of our national athletes/athletics performances in the last 1 year, the AFN Technical Committee has decided that athletes must achieve the following standards on the IAAF Scoring Table to qualify for Prize Monies irrespective of positions attained in the events:

- ***Athletes must score a minimum of 1070 points for track sprint events and 1050 for other track events***
- ***Athletes must score a minimum of 1050 points for jump events***
- ***Athletes must score a minimum of 900 points for throw events***
- ***Athletes must score a minimum of 700 points and 350 points for men and women Race Walk events respectively***

NOTE: If same standards are achieved in the Promotional Events, the top-3 athletes achieving such standards would get prize monies as well.

Breakdown of expected performances to be achieved to attract prize monies

Women Golden League Events

- 100 (11.68sec)/200m (23.85sec), 400m (53.81sec), 800m (2:05.97), 400m Hurdles (58.37sec), 4x100m Relay (45.82sec), 4x 400m relay (3:38.27sec).
- High Jump (1.80m), Long Jump (6.29m)
- Shot put (15.46m)

Promotional Events (Women)

- 100 Hurdles (13.84sec), 1,500m (4:20.07sec), 3000m (9:16.92sec)/3000m Steeple Chase (10:19.12sec) Race Walk (10k-51:22sec, 20k- 1:46.24sec)
- Triple Jump (13.55sec)
- Hammer (58.00m)/Discus (50.66m), Javelin (51.31m)

Men Golden League Events

- 100 (10.40sec)/200m (20.98sec), 400m (46.69sec), 800m (1:49.22sec) 1,500m (3:44.30sec), 110m Hurdles (13.97sec), 4x100m Relay (40.16sec), 4x400m Relay (3:07.28sec)
- High Jump (2.12m), Long Jump (7.64m)
- Javelin (66.64m).

Promotional Events (Men)

- 400m Hurdles (51.16sec), 3,000m (9:16.92)/3000m Steeple Chase (8:46.76), 5,000m (13:45.20sec)/10,000m (33:43.47), Race Walk (10k-52.19sec, 20k-1:48.15sec)
- Triple Jump (16.03m),
- Hammer (61.36m)/Discus (51.45m), Shot Put (16.29m)

Prize Money Structure

Top-6 male and female athletes that meet the standards set for any of the **Golden League Events** shall receive individual cash prizes as follows:

➤ 1 st Position	N40,000
➤ 2 nd Position	N30,000
➤ 3 rd Position	N20,000
➤ 4 th Position	N15,000
➤ 5 th Position	N10,000
➤ 6 th Position	N5,000

Top-3 relay teams that meet the standards set for the **Relay Events** would receive cash prizes as follows:

➤ 1 st Position	N40,000
➤ 2 nd Position	N30,000
➤ 3 rd Position	N20,000

Top-3 male and female athletes that meet the standards set for the **Promotional Events** would receive cash prizes as follows:

➤ 1 st Position	N25,000
➤ 2 nd Position	N20,000
➤ 3 rd Position	N15,000

Jackpot Prize

All athletes entered into the Golden League events (not promotional events) are entitled to share in the **Jackpot Prize of One Million, Five Hundred Thousand Naira (N1,500,000)**, if they meet the established requirements. To qualify for the Jackpot Prize, an athlete must win in all legs of Golden League and must participate at the Golden League Final.

Note Athletes for the promotional events will not be considered for the Jackpot Prize. However, any athlete, irrespective of class of event, that breaks a national record shall be considered for a prize money of **N50,000** after ratification of such a record.

League Order of Events

The detailed order of events for each leg of the league shall be published at least 1 week before any of the legs of the league is held. At the appropriate time, states/clubs and athletes are to familiarise themselves with these details when published so as to enable them plan their attendance accordingly.

Doping Control and Submission of Athletes' Whereabouts Information

Doping control procedures shall be carried in accordance with IAAF anti-doping regulations. Further to this and in line with the IAAF anti-doping code, all athletes in the AFN top-20 list shall henceforth complete and submit their athletes' whereabouts information to the AFN Secretariat every Quarter. Failing which, the IAAF prescribed sanctions shall be applied. States/clubs are to ensure their athletes' compliance with this directive to avoid incurring doping violations.

SIGNED

NAVY COMMODORE OMATSEYE NESIAMA

Tech Dir/Chairman AFN Technical Committee & Member CAA Tech and
Competitions Commission

May 2015