

**21ST NIGERIA NNPC/MOBIL TRACK & FIELD CHAMPIONSHIP**  
**COMMONWEALTH/AFRICA CHAMPIONSHIPS TRIALS**

**DAY TWO 25TH JUNE, 2010**

Long Jump - Heptathlon

<b>Pos</b>	<b>Bib</b>	<b>Name</b>	<b>Club</b>	<b>Date of Birth</b>	<b>Mark</b>
1st	306	Grace Ayemoba	Rivers		5.39m
2nd	327	Okoro Patience	UNIBEN		4.98m
3rd	59	Oshinbajo Dayo	Christable		4.70m

400m Hurdle Men Heat 1

<b>Pos</b>	<b>Bib</b>	<b>Name</b>	<b>Club</b>	<b>Date of Birth</b>	<b>Mark</b>
1st	280	Okoro Chukwugozie	Police		52.34sec
2nd	38	Onakpeberuo Ivory	Benue		53.04sec
3rd	324	Steve Fikah	Rivers		53.32sec
4th	104	Ufuoma Okotie	Delta		53.61sec
5th	198	Omope Samuel	Ogun		55.20sec

400m Hurdle Men Heat 2

<b>Pos</b>	<b>Bib</b>	<b>Name</b>	<b>Club</b>	<b>Date of Birth</b>	<b>Mark</b>
1st	277	Ogedengbe Oluwatosin	Police		53.01sec
2nd	94	Chibuike Maduadi	Delta		54.04sec
3rd	283	Akeem Oyewole	River		54.79sec
4th	470	Osuagwu Chima	Edo		55.45sec
5th	323	Solomon Onojorhoeuwo	River		DNS
6th	162	Deinma Afesimama	Lone Star		DNS

### 5,000m Men Final

Pos	Bib	Name	Club	Date of Birth	Mark
1st	288	Kefas Willams	Police		15.52.59sec
2nd	233	Emmanuel Gyang	Plateau		16.04.51sec
3rd	53	Bulus John Jah	CDA		16.04.66sec
4th	211	Osuolale Taiwo	Ondo		16.35.78sec
5th	491	Emmanuel Ben	Kaduna		16.42.48sec
6th	427	Michael Haruna	Adamawa		17.35.65sec
7TH	522	John Long	Oyo		19.03.10sec

### Javelin Heptathlon

Pos	Bib	Name	Club	Date of Birth	Mark
1st	327	Okoro Patience	Edo		42.14m
2nd	59	Oshinbanjo Dayo	Christable		21.17m
3rd	306	Grace Ayomoba	Sloektan		18.08m

### 100m Decathlon

Pos	Bib	Name	Club	Date of Birth	Mark
1st	32	Akpan Abu	Benue		11.03sec
2nd	176	Himmah Charles	NCDSC		11.21sec
3rd	33	Ayuba Simon	Benue		11.44sec
4th	197	Oguntade Lukman	Ogun		11.65sec
5th	506	Arinze Okafor	Police		11.86sec
6th	3	Yusuf Segun	Abia		12.17sec
7th	274	Lai Marcus	Police		12.18sec
8th	190	Akpata Raphael	Navy		12.36sec

### Long Jump Men Decathlon

Pos	Bib	Name	Club	Date of Birth	Mark
1st	176	Himmah Charles	NSCDC		6.99m -0.0
2nd	33	Ayuba Simon	Benue		6.28m 0.0
3rd	197	Oguntade Lukman	Ogun		6.27m -1.0
4th	32	Akpan Abu	Benue		6.08m 0.9
5th	190	Akpata Raphael	Navy		6.02m 1.0
6th	508	Egbeogu Uzodima	NSCDC		5.75m -0.2
7th	506	Yusuf Segun L. I.	Police		5.52m -0.3
8th	274	Lai Marcus	Police		5.13m -0.4

**nd 0.0Mps****100m Women Heat 1**

Pos	Bib	Name	Club	Date of Birth	Mark
1st	80	Blessing Okagbare	Delta		11.10sec
2nd	52	Sola Ogudemi	NSDC		11.68sec
3rd	135	Gloria Bassey	ICDO		11.70sec
4th	6	Omaka Josephine	Abia/NJ		11.79sec
5th	72	Rebecca Uko	C/River		11.88sec
6th	245	Goodness Thomas	Police		12.21sec
7th	472	Igbinosun Isoken	Uniben		12.28sec

**nd -0.0Mps****100m Women Heat 2**

Pos	Bib	Name	Club	Date of Birth	Mark
1st	133	Damola Osayomi	ICDO		11.43sec
2nd	89	Ismaila Halimat	Delta		11.79sec
3rd	325	Stella Silas	Rivers/NJ		11.91sec
4th	290	Abibat Yusuf	Police/NJ		12.08sec
5th	244	Funmi Ogundana	Police		12.18sec
6th	299	Abdul Justina	R/winners		12.50sec
7th	474	Florence Edi	Esteem		13.35sec

**rd -0.5 Mps****100m Women Heat 3**

Pos	Bib	Name	Club	Date of Birth	Mark
1st	497	Agnes Osazuwa	NCDSC		11.52sec
2nd	91	Laureta Ozoh	Delta		11.74sec
3rd	456	Chinazom Amadi	Prisons		11.78sec
4th	200	Akinsola Sileola	Ondo		11.99sec
5th	240	Blessing Ibirah	Police		12.07sec
6th	418	Jethro Bunmi	NJ		12.18sec
7th	234	Adegoke Tawa	Police		12.33sec

**rd -0.3 Mps****100m Hurdles Women Final**

Pos	Bib	Name	Club	Date of Birth	Mark
1st	599	Seun Adigun	FB		13.34sec
2nd	244	Funmi Ogundana	Police		14.08sec
3rd	305	Abimbola Lawal	Rivers		14.14sec
4th	306	Grace Ayemoba	Sloaktan		14.37sec
5th	494	Ogene Eferebor	Eaglesight		15.25sec
6th	474	Edi Florence	Esteem		15.68sec
7th	446	Efe Favour	Rivers		15.72sec
8th	122	Jessica Ohanaja	FB		DNF

**rd -1.3 Mps****100m men Semi Final Heat 1**

Pos	Bib	Name	Club	Date of Birth	Mark
1st	295	Metu Obinna	Prisons		10.35sec
2nd	292	Peter Emelieze	Prisons		10.55sec
3rd	207	Fredrick Agbaje	Ondo		10.60sec
4th	206	Benjamin Adukwu	Ondo		10.62sec
5th	119	Akeem Ogunyemi	Enfield, UK		10.65sec
6TH	217	Uzodinma Aniagolu	Ondo/NJ		10.72sec
7th	416	Christopher Nwaze	Prisons		10.75sec
8th	54	Chinedu Oriala	CDA		DNS

**rd -1.1 Mps****100m men Semi Final Heat 2**

Pos	Bib	Name	Club	Date of Birth	Mark
1st	95	Egwero Ogho-oghene	Delta		10.40sec
2nd	102	Stanley Gbegbeke	Delta		10.58sec
3rd	297	Nwogu Onyeabor	Prisons		10.65sec
4th	273	Kasumu Ahmed	Police		10.66sec
5th	216	Oyebiyi Ayobami	Ondo/NJ		10.55sec
6TH	107	Elvis Ukale	Delta/NJ		10.75sec
7th	150	Musa Deji	Immigration		Disqualified
8th	215	Kamilu Isijola	Ondo/NJ		Disqualified

**800m Women Heptathlon**

Pos	Bib	Name	Club	Date of Birth	Mark
1st	327	Okoro Patience	UNIBEN		2min 43.21sec
2nd	306	Grace Ayemoba	Rivers		2min 45.44sec
3rd	59	Oshinbajo Dayo	Christable		2min 46.73sec
4th	307	Ifeoma Mba	Rivers		DNS
5th	202	Kemi Francis	Ondo		DNS
6th	187	Samuel Dorcas	N.Navy		DNS

**1,500m Women Final**

Pos	Bib	Name	Club	Date of Birth	Mark
1st	166	Sani Ruth Awute	Mountainer		4min 28.79sec
2nd	136	Ihekandu Philomina	ICDO		4min 37.92sec
3rd	201	David Abiye Joy	Ondo		4min 39.47sec
4th	311	Shabi Masidat	Rivers		4min 46.69sec
5th	291	Rita Ifeme	Prisons		4min 49.86sec
6th	251	Oribamise Olajumoke	Police		5min 20.58sec
7th	158	Agu Obibuege C.	Kogi		5min 21.49sec
8th	31	Agber Shimnege	Benue		DNS

**1,500m Men Final**

Pos	Bib	Name	Club	Date of Birth	Mark
1st	142	Gowok Kedangbun	NSCDC		3min 55.07sec
2nd	101	Prince Obus	Delta		3min 56.09sec
3rd	312	Ajani Abiodun	Rivers		3min 56.97sec
4th	177	Lawrence Osheku	Unilag		3min 57.85sec
5th	409	David Barnabas	Kwara		4min 04.50sec
6th	65	Anthony Sunday	C/Rivers		4min 12.34sec
7th	403	Sharum I. Ajudi	Immigration		4min 16.85sec

**Shot Put Women Final**

Pos	Bib	Name	Club	Date of Birth	Mark
1st	112	Ibekwe Mariam	Edo		14.53m
2nd	171	Chime Nkechi	NSCDC		14.13m
3rd	438	Stella Okpokwu	Enugu		12.57m
4th	193	Udeh Oluchi	Ogun		11.01m
5th	502	Elamah Remi	Ogun		10.90m
6th	435	Zever Priscilia	Benue		10.50m
7th	219	Oraukwu Ebere	Peace		9.15m
8th	516	Rakia Isaaka	Katsina		8.89m
9th	327	Okoro Patience	Uniben		

ard: -0.3mps

### 100m Women Final

Pos	Bib	Name	Club	Date of Birth	Mark
1st	80	Blessing Okagbare	Delta		11.06sec
2nd	133	Damola Osayemi	ICDO		11.23sec
3rd	170	Agnes Osazuwa	NSCDC		11.45sec
4th	91	Lauretta Ozoh	Delta		11.60sec
5th	52	Sola Ogundemi	CDA		11.61sec
6th	89	Ismaila Halimat	Delta		11.72sec
7th	135	Gloria Bassey	ICDO		11.78sec
8th	456	Chinazom Amadi	Prisons		11.92sec

ard: -0.5mps

### 100m Men Final

Pos	Bib	Name	Club	Date of Birth	Mark
1st	295	Metu Obinna	Prisons		10.25s
2nd	95	Egwero Ogho-Oghene	Delta		10.40s
3rd	206	Benjamin Adukwu	Ondo		10.45s
4th	207	Fredrick Agbaje	NSCDC		10.52s
5th	292	Peter Emelieze	Prisons		10.53s
6th	102	Stanley Gbagbeke	Delta		10.56s
7th	297	Nwogu Onyeabor	Prisons		10.70s
8th	273	Kasumu Ahmed	Police		10.74s

### 400m Women Heat 1

Pos	Bib	Name	Club	Date of Birth	Mark
1st	79	Ajoke Odumosu	Delta		52.19s
2nd	214	Etim Magaret	Ondo/NJ		52.31s
3rd	114	Bukola Abogunloko	Ekiti		52.49s
4th	2	Uwakwe Nkiruka	Abia		54.36s
5th	82	Charity Adegoke	Delta		54.65s
6th	20	Ekanem Comfort	Bayelsa		54.79s
7th	473	Rita Ossai	Uniben		55.14s

### 400m Women Heat 2

Pos	Bib	Name	Club	Date of Birth	Mark
1st	541	Chizoba Okodogbe	Delta		53.45s
2nd	243	Ehigie Josephine	Police		53.54s
3rd	140	Sekinat Adesanya-Akinpe	ICDO		54.61s
4th	203	Oladoye Funke	Ondo		55.29s
5th	538	Abike Egbeniyi	Osheku		55.73s
6th	237	Akinduro Folajogun	Police		55.98s

### 400m Women Heat 3

Pos	Bib	Name	Club	Date of Birth	Mark
1st	51	Shade Abugan	CDA		53.34sec
2nd	90	Kesiana Egone	Delta		55.64sec
3rd	442	Esther Inegbeniki	Uniben		55.88sec
4th	504	Ogbonna Chidinma	Cross River		55.91sec
5th	461	Ogunbase Funke	Bayelsa		56.62sec
6th	485	Happy Atufe	Edo		56.73sec

### Heptathlon Women Final

Pos	Bib	Name	Club	Date of Birth	Mark
1st	327	Okoro Patience	Edo		4,855 points
2nd	306	Ayemoba Grace	Sloektan		4,247 points
3rd	59	Oshinbanjo Dayo	Christable		3,773 points

### Triple Jump Men Final

Pos	Bib	Name	Club	Date of Birth	Mark
1st	597	Oke Oluwatosin B.	Delta		16.92m 0.7mps
2nd	141	Busayo Shodipo	ICDO		15.02m 0.0mps
3rd	294	George Jones	Prison		15.00m 0.1mps
4th	275	Lebi Psalm	Police		14.92m 0.2mps
5th	321	Opurum Gift	Rivers		14.76m 0.0mps
6th	93	Blessed Uguumadu	Delta		14.66m 0.1mps
7th	185	Diete-Spiff Michael	Niger		14.29m 0.1mps
8th	433	Abdul-Wasiu Mustapha	Edo		14.04m 0.0mps

### 400m men Heat 1

Pos	Bid	Name	Club	D of Birth	Mark
1	42	Welgopwa Saul	Board Post		46.26s
2	77	Isah Salihu	Customs		46.85s
3	184	Onakoya Top Abiola	NSCDC		47.65s
4	108	Danjuma Habila	DOAP		47.66s
5	180	Oto Cyprian	NSCDC		48.40s
6	528	Dafe Krakite	Delta		49.35s
7	313	Bariadora Friday	Rivers		50.09s

### 400m men Heat 2

Pos	Bid	Name	Club	D of Birth	Mark
1	178	Noah Akwu	NSCDC		46.71s
2	41	Samuel Japhet	Board post		47.29s
3	410	Ojoma Ogochukwu	FB		47.79s
4	57	Victor Isaiah	CDA		48.80s
5	121	Nwafor Onyeji	Enugu		48.91s
6	460	Ekanem Israel	Bayelsa		51.08s
7	209	Odofin Oluwole	Ondo		52.77s
	531	Jonathan Dauda	Bauchi		53.42s

### 400m men Heat 3

Pos	Bid	Name	Club	D of Birth	Mark
1	413	Tobi Ogunmola	Ondo		47.09s
2	7	Nmaju Okeudo	Abia/NJ		47.82s
3	155	Nwosu Vitalis Daniel	Imo		47.98s
4	503	Isah Umar	GTAC		48.41s
5	488	Esabunor H. Mauah	Global		49.65s
6	103	Tony Egode	Delta		49.92s
7	289	Ekundayo Shehubo	Police		50.21s
	186	samuel David	Niger		51.06s



#### 400m men Heat 4

Pos	Bid	Name	Club	D of Birth	Mark
1	56	Godday James	CDA		46.74s
2	105	Peter Njoteah	Delta/NJ		47.72s
3	279	Ogunkole Segun	Police		47.80s
4	4	Chukwuma Madunta	Abia		48.46s
5	5	Promise Anosike	Abia		49.39s
6	74	Collins Friday	Cross River		51.31s
7	453	Olatunji Afolabi	Kwara		51.94s
8	468	Akerele Omeiza	Uniben		52.12s

#### 400m men Heat 5

Pos	Bid	Name	Club	D of Birth	Mark
1	415	Chimenem Iroanwusi	River		49.25s
2	432	Sunday Shobande	NSCDC		49.56s
3	270	Taiwo Shobande	Police		51.12s
4	453	Usman Nathaniel	Kwara		51.83s
5	507	Dada Usman	Police		52.03s
6	471	Alonge Efosa	Uniben		55.68s

#### 10,000m Women Final

Pos	Bid	Name	Club	D of Birth	Mark
1	199	Agidi Omoyemi	Ondo		36:34.00s
2	168	Ladi Yenry Jah	Plateau		37:04.34s
3	225	Rotkang James	Plateau		37:13.10s
4	529	Mariya Kebang	High Altitude		37:31.88s
5	310	Perera Olubukola	Rivers		37:43.10s
6	490	Dorcas Dalami	Kaduna		38:19.97s
7	489	Blessing Daniel	Kaduna		38:43.71s
8	463	Sange Mammyer	Benue		39:04.02s

### High Jump Decathlon

Pos	Bid	Name	Club	D of Birth	Mark
1	190	Akpata Raphael	Navy		1.80m
2	508	Egbeogu Ozodimma	NCDSC		1.75m
3	197	Oguntade Lukman	Ogun		1.70m
4	32	Akpan Abu	Benue		1.70m
5	33	Ayuba Simon	Benue		1.60m
6	506	Yusuf Segun	Police		1.55m
7	274	Lai Marcus	Police		1.50m

### Javelin Women Final

Pos	Bid	Name	Club	D of Birth	Mark
1	138	Keke Immaculate	ICDO		42.04m
2	526	Sopochukwu Ihuefo	Delta		41.71m
3	239	Benedicta Ituah	Police		41.01m
4	478	Afo Augustina	Abia		40.85m
5	327	Okoro Patience	Uniben		40.03m
6	438	Rhoda Onojakpo	Edo		33.58m
7	469	Joy Ukwedeoba	Uniben		32.64m
8	516	Rakiya Issaka	Katsina		32.16m

### Shot Put Decathlon

Pos	Bid	Name	Club	D of Birth	Mark
1	199	Oguntade Lukman	Ogun		12.31m
2	508	Egbeogu Uzodimma	NCDSC		11.01m
3	506	Yusuf Segun	Police		10.34m
4	190	Akpata Raphael	Navy		9.97m
5	32	Akpan Abu	Benue		9.90m
6	33	Ayuba Simon	Benue		8.87m
7	274	Lai Marcus	Police		8.70m

